

Ireleth St Peter's CofE Primary School (ISP) ~ PSHE Long-Term Plan ~ Three Year Cycle

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Dolphin Class</p> <p>Cycle A</p> <p>21-22</p>	<p><u>Me and My Relationships</u></p> <p>All About Me (R)</p> <p>What Makes Me Special (R)</p> <p>Why we have classroom rules (Y1)</p> <p>Thinking about feelings (Y1)</p> <p>Our ideal classroom (1) (Y2)</p>	<p><u>Rights and Responsibilities</u></p> <p>Looking after my special people (R)</p> <p>Looking after Friends (R)</p> <p>Being helpful at home and caring for our classroom (R)</p> <p>Harold's wash & brush up (Y1)</p> <p>Around and about the school (Y1)</p> <p>Getting on with others (Y2)</p>	<p><u>Valuing Differences</u></p> <p>I'm special, you're special (R)</p> <p>Same and different (R)</p> <p>Same OR different? (Y1)</p> <p>Unkind, tease or bully? (Y1)</p> <p>What makes us who we are? (Y2)</p>	<p><u>Being My Best</u></p> <p>Bouncing back when things go wrong (R)</p> <p>Yes I can (R)</p> <p>I can eat a rainbow (Y1)</p> <p>Eat well (Y1)</p> <p>You can do it! (Y2)</p>	<p><u>Keeping Myself Safe</u></p> <p>What's safe to go onto my body (R)</p> <p>Keeping myself safe: What's safe to go into my body(including medicines) (R)</p> <p>Healthy me (Y1)</p> <p>Super sleep (Y1)</p> <p>Harold's picnic (Y2)</p>	<p><u>Growing and Changing</u></p> <p>Seasons (R)</p> <p>Life stages – plants, animals, humans (P1)</p> <p>Inside my wonderful body (Y1)</p> <p>Taking care of a baby (Y1)</p> <p>A helping hand (Y2)</p>
<p>Dolphin Class</p> <p>Cycle B</p> <p>22-23</p>	<p><u>Me and My Relationships</u></p> <p>Me and my special people (R)</p> <p>Who can help me? (R)</p> <p>Our Feelings (Y1)</p> <p>Feelings & Bodies (Y1)</p> <p>Our Special People balloons (Y1)</p> <p>Bullying or teasing? (Y2)</p>	<p><u>Rights & Responsibilities</u></p> <p>Looking after money (1): recognizing using, spending (R)</p> <p>Taking care of something (Y1)</p> <p>Harold's money (Y1)</p> <p>When I feel like erupting (Y2)</p>	<p><u>Valuing Differences</u></p> <p>Same and different families (R)</p> <p>Same and different homes (R)</p> <p>Harold's school rules (Y1)</p> <p>Who are our special people? (Y1)</p> <p>My Special People (Y2)</p>	<p><u>Being my best</u></p> <p>Healthy eating (R)</p> <p>Healthy eating (2) (R)</p> <p>Harold has a bad day (Y1)</p> <p>Pass on the praise (Y1)</p> <p>Harold's bathroom (Y2)</p>	<p><u>Keeping Myself Safe</u></p> <p>Safe indoors and outdoors (R)</p> <p>Listening to my feelings (1) (R)</p> <p>Who can help? (1) (R)</p> <p>Harold loses Geoffrey (Y1)</p> <p>What should Harold say? (Y2)</p>	<p><u>Growing and Changing</u></p> <p>Life stages – Human life stage. Who will I be? (R)</p> <p>Where do babies come from? (R)</p> <p>Then and now (Y1)</p> <p>Who can help? (2) (Y1)</p> <p>Sam moves away (Y2)</p>
<p>Dolphin Class</p> <p>Cycle C</p> <p>23-24</p>	<p><u>Me and My Relationships</u></p> <p>My Feelings (R)</p> <p>My Feelings (2) (R)</p> <p>Good friends (Y1)</p> <p>How are you listening? (Y1)</p> <p>Types of bullying (Y2)</p>	<p><u>Rights & Responsibilities</u></p> <p>Caring for our world (R)</p> <p>Looking after money (2): Saving money and keeping it safe (R)</p> <p>How should we look after our money? (Y1)</p> <p>Harold saves for something special (Y2)</p>	<p><u>Valuing Differences</u></p> <p>Kind and caring (1) (R)</p> <p>Kind and caring (2) (R)</p> <p>It's not fair! (Y1)</p> <p>An act of kindness (Y2)</p>	<p><u>Being My Best</u></p> <p>Move your body (R)</p> <p>A good night's sleep (R)</p> <p>Harold learns to ride his bike (Y1)</p> <p>Catch it! Bin it! Kill it! (Y1)</p> <p>Basic 1st Aid (Y1)</p> <p>My body needs... (Y2)</p>	<p><u>Keeping Myself Safe</u></p> <p>Keeping safe online (R)</p> <p>People who help to keep me safe (R)</p> <p>What could Harold do? (Y1)</p> <p>Good or bad touches? (Y1)</p> <p>Fun or not? (Y2)</p>	<p><u>Growing and Changing</u></p> <p>Getting bigger (R)</p> <p>Me and my body – Girls and Boys (R)</p> <p>Surprises and secrets (Y1)</p> <p>Keeping privates private (Y1)</p> <p>Haven't you grown! (Y2)</p>

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<p>Whale Class</p> <p>Cycle A</p> <p>21-22</p>	<p><u>Me and My Relationships</u></p> <p>Being a good friend (Y2)</p> <p>As a rule (Y3)</p> <p>My special pet (Y3)</p> <p>An email from Harold! (Y4)</p> <p>Ok or not ok? (part 1) (Y4)</p> <p>Ok or not ok? (part 2) (Y4)</p>	<p><u>Rights and Responsibilities</u></p> <p>Harold goes camping (Y2)</p> <p>Our helpful volunteers (Y3)</p> <p>Helping each other to stay safe (Y3)</p> <p>Who helps us stay healthy and safe? (Y4)</p> <p>It's your right (Y4)</p>	<p><u>Valuing Difference</u></p> <p>Solve the problem (Y2)</p> <p>Family and friends (Y3)</p> <p>My community (Y3)</p> <p>Can you sort it? (Y4)</p>	<p><u>Being My Best</u></p> <p>What does my body do? (Y2)</p> <p>Derek cooks dinner! (healthy eating) (Y3)</p> <p>Poorly Harold (Y3)</p> <p>What makes me ME! (Y4)</p> <p>Making choices (formerly Ed6 Learns to be human) (Y4)</p>	<p><u>Keeping Myself Safe</u></p> <p>Should I tell? (Y2)</p> <p>Safe or unsafe? (Y3)</p> <p>Danger or risk? (Y3)</p> <p>The Risk Robot (Y3)</p> <p>Danger, risk or hazard? (Y4)</p> <p>Picture Wise (Y4)</p>	<p><u>Growing and Changing</u></p> <p>My body, your body (Y2)</p> <p>Relationship Tree (Y3)</p> <p>Body space (Y3)</p> <p>Moving house (Y4)</p>
<p>Whale Class</p> <p>Cycle B</p> <p>22-23</p>	<p><u>Me and my Relationships</u></p> <p>Let's all be happy! (Y2)</p> <p>Tangram team challenge (Y3)</p> <p>Looking after our special people (Y3)</p> <p>How can we solve this problem? (Y3)</p> <p>Human machines (Y4)</p> <p>Different feelings (Y4)</p>	<p><u>Rights and Responsibilities</u></p> <p>Recount task (Y3)</p> <p>Harold's environment project (Y3)</p> <p>How do we make a difference? (Y4)</p> <p>In the news! (Y4)</p>	<p><u>Valuing Difference</u></p> <p>Respect and challenge (Y3)</p> <p>Our friends and neighbours (Y3)</p> <p>Islands (Y4)</p> <p>Friend or acquaintance? (Y4)</p>	<p><u>Being My Best</u></p> <p>For or against? (Y3)</p> <p>I am fantastic! (Y3)</p> <p>Getting on with your nerves! (Y3)</p> <p>SCARF Hotel (Y4)</p>	<p><u>Keeping Myself Safe</u></p> <p>Some secrets should never be kept (Y2)</p> <p>Alcohol and cigarettes: the facts (Y3)</p> <p>Super Searcher (Y3)</p> <p>How dare you! (Y4)</p> <p>Medicines: check the label (Y4)</p>	<p><u>Growing and Changing</u></p> <p>Respecting privacy (Y2)</p> <p>Secret or surprise? (Y3)</p> <p>My feelings are all over the place! (Y4)</p> <p>All change! (Y4)</p>
<p>Whale Class</p> <p>Cycle C</p> <p>23-24</p>	<p><u>Me and my Relationships</u></p> <p>Dan's Dare (Y3)</p> <p>Thanks (Y3)</p> <p>Friends are special (Y3)</p> <p>When feelings change (Y4)</p>	<p><u>Rights and Responsibilities</u></p> <p>Can Harold afford it? (Y3)</p> <p>Earning money (Y3)</p> <p>Safety in numbers (Y4)</p> <p>Logo quiz (Y4)</p> <p>Harold's expenses (Y4)</p>	<p><u>Valuing Difference</u></p> <p>Let's celebrate our differences (Y3)</p> <p>Zeb (Y3)</p> <p>What would I do? (Y4)</p> <p>The people we share our world with (Y4)</p>	<p><u>Being My Best</u></p> <p>Body team work (Y3)</p> <p>Top talents (Y3)</p> <p>Harold's Seven Rs (Y4)</p> <p>My school community (1) (Y4)</p>	<p><u>Keeping Myself Safe</u></p> <p>None of your business! (Y3)</p> <p>Raisin challenge (1) (Y3)</p> <p>Help or harm? (Y3)</p> <p>Know the norms (formerly Tell Ed6) (Y4)</p> <p>Keeping ourselves safe (Y4)</p>	<p><u>Growing and Changing</u></p> <p>Basic first aid (Y2)</p> <p>My changing body (Y3)</p> <p>Basic first aid (Y3)</p> <p>Period positive (Y4)</p> <p>Secret or surprise? (Y4)</p>

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2 Public Health Nurse Visit
Shark Class Cycle A 21-22	<u>Me and my Relationships</u> Under pressure (Y4) Collaboration Challenge! (Y5) Give and take (Y5) Working together (Y6) Let's negotiate (Y6) Solve the friendship problem (Y6)	<u>Rights and Responsibilities</u> Why pay taxes? (Y4) What's the story? (Y5) Fact or opinion? (Y5) Two sides to every story (Y6) Fakebook friends (Y6) What's it worth? (Y6)	<u>Valuing Difference</u> That is such a stereotype! (Y4) Qualities of friendship (Y5) Kind conversations (Y5) OK to be different (Y6) We have more in common than not (Y6)	<u>Being My best</u> Basic first aid (Y4) Getting fit (Y5) It all adds up! (Y5) Five Ways to Wellbeing project (Y6) This will be your life! (Y6)	<u>Keeping Myself Safe</u> Raisin challenge (2) (Y4) 'Thinking' about habits (Y5) Jay's dilemma (Y5) Spot bullying (Y5) Think before you click! (Y6) Traffic lights (Y6) To share or not to share? (Y6)	<u>Growing and Changing</u> Together (Y4) How are they feeling? (Y5) Taking notice of our feelings (Y5) Dear Hetty (Y5) Helpful or unhelpful? Managing change (Y6) I look great! (Y6)
Shark Class Cycle B 22-23	<u>Me and my Relationships</u> How good a friend are you? (Y5) Relationship cake recipe (Y5) Being assertive (Y5) Assertiveness skills (formerly Behave yourself - 2) (Y6) Behave yourself (Y6) Dan's day (Y6)	<u>Rights and Responsibilities</u> Rights, responsibilities and duties (Y5) Mo makes a difference (Y5) Jobs and taxes (Y6) Action stations! (Y6) Project Pitch (parts 1 & 2) (Y6)	<u>Valuing Difference</u> Happy being me (Y5) The land of the Red People (Y5) Respecting differences (Y6) Tolerance and respect for others (Y6)	<u>Being My Best</u> Different skills (Y5) My school community (2) (Y5) Independence and responsibility (Y5) Five Ways to Wellbeing project (Y6) This will be your life! (Y6) Basic First Aid (Y6)	<u>Keeping Myself Safe</u> Ella's diary dilemma (Y5) Decision dilemmas (Y5) Play, like, share (Y5) Rat Park (Y6) What sort of drug is...? (Y6) Drugs: it's the law! (Y6)	<u>Growing and Changing</u> Changing bodies and feelings (Y5) Growing up and changing bodies (Y5) It could happen to anyone (Y5) Media manipulation (Y6) Pressure online (Y6) Is this normal? (Y6)
Shark Class Cycle C 23-24	<u>Me and my Relationships</u> Our emotional needs (Y5) Communication (Y5) Don't force me (Y6) Acting appropriately (Y6) It's a puzzle (Y6)	<u>Rights and Responsibilities</u> Spending wisely (Y5) Lend us a fiver! (Y5) Local councils (Y5) Happy shoppers (Y6) Democracy in Britain 1 – Elections (Y6) Democracy in Britain 2 - How (most) laws are made (Y6)	<u>Valuing Difference</u> Is it true? (Y5) It could happen to anyone (Y5) Advertising friendships! P7) Boys will be boys? - challenging gender stereotypes (Y6)	<u>Being My Best</u> Star qualities? (Y5) Basic first aid (Y5) What's the risk? (1) (Y6) What's the risk? (2) (Y6)	<u>Keeping Myself Safe</u> Drugs: true or false? (Y5) Smoking: what is normal? (Y5) Would you risk it? (Y5) Alcohol: what is normal? (Y6) Joe's story (part 1) (Y6) Joe's story (part 2) (Y6)	<u>Growing and Changing</u> Help! I'm a teenager - get me out of here! (Y5) Dear Ash (Y5) Stop, start, stereotypes (Y5) Dear Ash (Y6) Making babies (Y6) What is HIV? (Y6)